

# 4th Annual June Krauser Summer Splash Dixie Zone Championship

Sanctioned by Florida Gold Coast Masters Swimming Committee for USMS, Inc.

Sanction #: Pending

- DATE:** June 19, 2009 Warm-up 5:00 PM Meet 6:00 PM  
June 20, 2009 Warm-up 9:00 AM Meet 10:00 AM  
June 21, 2009 Warm-up 9:00 AM Meet 10:00 AM
- POOL:** Fort Lauderdale Aquatic Complex Phone: 954-828-4580  
501 Seabreeze Boulevard Online: [www.fortlauderdale.gov/flac](http://www.fortlauderdale.gov/flac)  
Fort Lauderdale, FL 33316
- COURSE:** 10-lane, 50-meter course with Colorado timing. Designated 25-yard lanes available for warm-up throughout competition. \* see rules statement \*
- ELIGIBILITY:** Meet is open to all currently registered USMS or currently registered FINA recognized governing body swimmers 18 years or older. Age to be determined as of December 31, 2009.
- RULES:** 2009 USMS rules will govern this meet. Meet management reserves the right to adjust logistics in order to run an efficient meet.
- BREAKS:** Breaks may be added by event referee should it be determined that there is inadequate rest opportunities between events. Breaks will be added prior to the start of the session and will not be altered once announced.
- ENTRIES:** Competitors may enter up to a maximum of five (5) events per day. Events 400-meters and longer may be swum combined men and women, and will be deck seeded with a positive check in. Check in deadline will be 5:30 PM on June 19, and 9:30 AM on June 20 and June 21.
- DISTANCE EVENTS:** All athletes swimming the 800, and the 1500 will need to provide a lap counter. The 400, 400 IM, and the 1500 will be seeded fastest to slowest; the 800 will be seeded slowest to fastest.
- DECK ENTRIES:** Deck entries will be accepted on the day of the event up to 1 hour prior to the start of the session for **double the registration fee and double the entry fees.** Entries are only permitted in to open lanes - no new heats will be added. Please be sure to bring a copy of your current USMS registration card or FINA equivalent on the day of the event, or you will not be permitted to compete.
- ENTRY DEADLINE:** June 15, 2009 - all entries must be completed and received by the Entry Chairman by June 15, 2009.
- ENTRY PROCESS:** Online registration utilizing Club Assistant is preferred, although not required. Paper entries will be accepted. Please see next page for online entry process/paperwork and registration. All Entry and registration fees are nonrefundable.
- AWARDS/SCORING:** Awards for 1-3 women, men, and combined teams. High point awards for overall, top male swimmer, and top female swimmer. Ribbons for individuals placing 1-3. Tri-fold cards will be provided for award labels. Scoring: 9-7-6-5-4-3-2-1 points for individual events and Double for relays.
- T-SHIRTS:** One complimentary T-Shirt will be provided to each registered swimmer.
- RELAYS:** Relay entries will be accepted on the deck until 5:00 p.m. on Friday, June 19; 9:00 a.m. Saturday, June 20 and 9:00 a.m. on Sunday, June 21, 2009. There is a **\$10.00 CHARGE** for each relay entered; Payment is due at the end of each day.
- RESULTS:** Results will be available at the following: [www.fortlauderdale.gov/flac](http://www.fortlauderdale.gov/flac) under the "results of current meets" link as well as Fort Lauderdale Aquatics at [www.flaswim.com](http://www.flaswim.com).
- EVENT HOST:** This event is sponsored by the **City of Fort Lauderdale** and **Fort Lauderdale Aquatics.**

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Fort Lauderdale Aquatic Complex - Fort Lauderdale, Florida



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**Entry Deadline: June 15, 2009**

**Register Online at Club Assistant - Online Registration**

[https://www.clubassistant.com/club/meet\\_information.cfm?c=156&smid=1673](https://www.clubassistant.com/club/meet_information.cfm?c=156&smid=1673)

- ENTRIES:** Competitors may enter up to a maximum of five (5) individual events per day.
- ENTRY DEADLINE:** All entries must be completed and received by the Entry Chairman by June 15, 2009.
- ENTRY PROCESS:** Online registration utilizing Club Assistant is preferred, although not required. Paper entries will also be accepted - use entry form attached.
- CHECKS:** For paper entries, make checks payable to: Fort Lauderdale Aquatics and mail to: Fort Lauderdale Aquatic Complex, 501 Seabreeze Boulevard, Fort Lauderdale, FL 33316
- REGISTER ONLINE:** [https://www.clubassistant.com/club/meet\\_information.cfm?c=156&smid=1673](https://www.clubassistant.com/club/meet_information.cfm?c=156&smid=1673)
- ENTRY FEES:**
- |                     |                               |
|---------------------|-------------------------------|
| Pool Fee (Required) | \$12.50                       |
| Event               | \$ 5.00 each individual event |
| Relays              | \$10.00 each                  |
- All Entry and registration fees are nonrefundable.
- CHECK-IN:** Events 400-meters and longer may be swum combined men and women, and will be deck seeded with a positive check in. Check in deadlines are as follows for events 400-meters and longer:
- |                   |         |
|-------------------|---------|
| Friday, June 19   | 5:30 PM |
| Saturday, June 20 | 9:30 AM |
| Sunday, June 21   | 9:30 AM |

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(home) \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_

2009 USMS # \_\_\_\_\_ Club: \_\_\_\_\_

**ATTACH  
 COPY  
 OF USMS  
 CARD  
 HERE**

*If card is current, please attach it  
 and list only phone number(s) at left*

Enter  
 seed  
 times  
 in  
 proper  
 column

Limit  
 5  
 events  
 per  
 day

**WOMEN**      **FRIDAY, JUNE 19 @ 6:00 pm**      **MEN**

EVT				
1	_____	400 IM	_____	2
3	ENTERATMEET	800 FREE RELAY	ENTERATMEET	4
5	_____	800 FREE	_____	6

**WOMEN**      **SATURDAY, JUNE 20 @ 10:00 am**      **MEN**

EVT				
7	_____	200 BACK	_____	8
9	_____	50 BREAST	_____	10
11	ENTERATMEET	200 MEDLEY RELAY	ENTERATMEET	12
13	_____	100 FREE	_____	14
15	_____	50 BACK	_____	16
17	_____	200 BREAST	_____	18
19	_____	100 FLY	_____	20
21	ENTERATMEET	200 MIXED FREE RELAY	ENTERATMEET	21
23	_____	400 FREE	_____	24

Limit  
 5  
 events  
 per  
 day

Enter  
 seed  
 times  
 in  
 proper  
 column

**WOMEN**      **SUNDAY, JUNE 21 @ 10:00 am**      **MEN**

EVT				
25	_____	200 IM	_____	26
27	_____	50 FREE	_____	28
29	_____	200 FLY	_____	30
31	ENTERATMEET	200 FREE RELAY	ENTERATMEET	32
33	_____	100 BACK	_____	34
35	_____	100 BREAST	_____	36
37	_____	200 FREE	_____	38
39	_____	50 FLY	_____	40
41	ENTERATMEET	200 MIXED MEDLEY RELAY	ENTERATMEET	41
43	_____	1500 FREE	_____	44

Pool Fee (required)      \$12.50 Individual Event Fee: \$5.00 x _____ events      \$ _____  RELAYS: \$10.00 each - due@ session      \$ _____ TOTAL	Checks Payable to: <b>Fort Lauderdale Aquatics</b>  Send to: <b>Fort Lauderdale Aquatic Complex</b> 501 Seabreeze Boulevard Fort Lauderdale, FL 33316
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**\*\*\* PLEASE SIGN RELEASE BELOW \*\*\***

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE CITY OF FORT LAUDERDALE, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_