

Beach Community Center

3351 NE 33rd Avenue
Fort Lauderdale, FL 33308
(954) 828-4610

Ping Pong

It is among the most popular recreational sports around. This activity works to improve your hand-eye coordination, uses the upper and lower body, enhances speed and strengthens your legs, arms, and shoulders. It also causes you to use many areas of your brain while playing. Ping Pong encourages you to focus while providing a great social outlet.

Free

Monday

9:30am-12:00pm

Wednesday

12:00pm-2:30pm

Thursday

12:00pm-2:30pm

Call 954-828-4610 for more information



If you would like this publication in an alternative format or if you need reasonable accommodation to participate in these programs please contact (954) 828-7275 or parkinfo@fortlauderdale.gov at least seven business days prior to the program.