



# Aquatic Training Classes

**Carter Park Pool**  
 1450 W. Sunrise Boulevard, Fort Lauderdale, FL 33311  
 (954) 828-5407

**Lifeguard Training**

**REQUIREMENTS:**

Must be at least 16 years of age.  
 Must pass Swim Test (200-yard swim, and retrieve a 10-lb diving brick).

March 12-16

- Monday-Friday 9:00 AM - 5:00 PM

April 13-22

- Friday 5:30 - 9:30 PM
- Saturday/Sunday 9:00 AM - 5:00 PM

May 4-13

- Friday 5:30 - 9:30 PM
- Saturday/Sunday 9:00 AM - 5:00 PM

**FEES:**

\$250.00 payable to the City of Fort Lauderdale prior to start of class. Scholarships are available for those who qualify.

**Water Safety Instructor**

**REQUIREMENTS:**

Must be at least 16 years of age.  
 Must have a Level 4 swimming ability.  
 Pass Swim Test (25-yards of front crawl, back crawl, breast-stroke, sidestroke, and elementary backstroke, and 15 yds of butterfly).

March 19-31

- Monday/Wednesday/Friday 5:30 - 9:30 PM
- Saturday 9:00 AM - 5:00 PM

May 14-26

- Monday/Wednesday/Friday 5:30 - 9:30 PM
- Saturday 9:00 AM - 5:00 PM

**FEES:**

\$300.00 payable to the City of Fort Lauderdale prior to start of class. Scholarships are available for those who qualify.

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**Lifeguard Candidate School**

This program will help you prepare for the Lifeguard Training course.

March 8 - May 31

- Thursday 5:00 - 7:00 PM

**FEES:**

\$35.00 Resident & Non-Resident  
 \$ 8.75 Y.E.S.  
 Free for T.R.I.P. members

**Lauderdale Manors Pool**  
 1340 Chateau Park Drive, Fort Lauderdale, FL 33311  
 (954) 828-5414

**Lifeguard Candidate School**

This program will help you prepare for the Lifeguard Training course.

March 5 - May 28

- Monday 6:00 - 8:00 PM

**FEES:**

\$35.00 - Resident & Non-Resident  
 \$ 8.75 - Y.E.S.  
 Free for T.R.I.P. members

**Riverland Park Pool**  
 950 S.W. 27th Avenue, Fort Lauderdale, FL 33312  
 (954) 321-1237

**Junior Lifeguard Program**

**REQUIREMENTS:**

For ages 12-15.

March 12-16

- Monday-Friday 9:00 AM - 12:00 PM

**FEES:**

\$40.00 - Residents  
 \$80.00 - Non-Residents  
 \$10.00 - Y.E.S.