



**Membership Fee is \$55 for an entire year**

Did you know if you become a Club 55+ member you can participate in programs such as **Mahjong, Luncheons, Coffee & Conversation, Watercolors, Party bridge, Ballroom Dance, Trips at the Beach Community Center.** Club 55+ passes can be used at 11 community centers located in the City of Fort Lauderdale, Parks and Recreation Department.

**BEACH COMMUNITY CENTER**

3351 NE 33rd Ave  
Fort Lauderdale, FL 33308

**HOURS OF OPERATION**

Monday-Friday—8:15am-5:00pm  
Saturday—10:00 am—3:00 pm

\*The center is only open to program participants after 5:00 p.m.

*We accept AMEX, MasterCard & Visa payments only.*



**Beach Community**

**Center**

3351 N.E. 33rd Avenue  
Fort Lauderdale, FL 33308  
(954) 828-4610



# October 2018

**Youth Taekwondo**

The class is instructed by Dr. Steve Preddie. The lesson will consist of forms, self-defense techniques and sparring.

Ages 5+

Thursdays-Class starts October 18th  
6:30pm-7:30pm

**Tap for Kids**

This new tap class will consist of simple repetitions, sequences, and short combinations instructed by Tom Fletcher. Ages 6+ Class starts Oct. 15th. Mondays 4:30pm-5:30pm

**Feature films**

Every Tuesday, new releases will be playing at 10:00am and 4:30pm. Please see inside calendar for list of movies playing.

**17th Annual Thanksgiving Feast at the Beach**

Join us for a catered feast with music, dancing and prizes.

Wednesday, Nov. 14th, 2018 from 11am-2pm.

Paid reservations required.

Cost: \$14.00 per person/ Club 55+ member-free



If you would like this publication in an alternative format (large print or audio tape), or if you need reasonable accommodation to participate in this program, please contact (954) 828-7275 or parksinfo@fortlauderdale.gov at least seven business days prior to this program.

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1 9:00a - 10:00a Body Sculpting 9:30a-3:30p AARP 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	2 8:30a - 9:30a Strength & Flexibility 10:00 a- 11:30a Pilates 10:00a-12:00p & 4:30-6:30p Feature Film— <i>Ocean's 8</i>	12:15p-1:15p Senior Strengthening 1:00p-4:30p Pickleball 6:00 - 7:30p Yin Yoga 6:30 - 8:00p Ballroom Dance—Rumba	3 8:45a - 9:45a Tai Chi 9:00 - 10:00a Body sculpting 10:30-12:00p Yoga 10:30a-2:30p Ping Pong	12:15-1:15p Chair Yoga 3:15-4:15p—Tap 2 4:30-5:30p-Tap 1 6:30 - 8:00p-Yoga	4 8:30a - 9:30a Strength & Flexibility 8:30a-11:00a Pickleball 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong	12:30p - 3:30p Party Bridge	5 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening	6 10:30a-12:00p Yoga 12:00p-3:00p Watercolor Club 55+	
8 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	9 8:30a - 9:30a Strength & Flexibility 10:00 a- 11:30a Pilates 10:00a-12:00p & 4:30-6:30p Feature Film— <i>The Seagull</i>	12:15p-1:15p Senior Strengthening 1:00p-4:30p Pickleball 6:00 - 7:30p Yin Yoga 6:30 - 8:00p Ballroom Dance—Rumba	10 8:45a - 9:45a Tai Chi 9:00 - 10:00a Body sculpting 10:30-12:00p Yoga 10:30a-2:30p Ping Pong	12:15-1:15p Chair Yoga 3:15-4:15p—Tap 2 4:30-5:30p-Tap 1 6:30 - 8:00p-Yoga	11 8:30a - 9:30a Strength & Flexibility 8:30a-11:00a Pickleball 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong	12:30p - 3:30p Party Bridge	12 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening	13 10:30a-12:00p Yoga 12:00p-3:00p Watercolors Club 55+	
15 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2 4:30p-5:30p Tap for Kids	16 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 10:00a-12:00p & 4:30p-6:30p Feature Film— <i>The Con is on</i>	12:15p-1:15p Senior Strengthening 1:00p-4:30p Pickleball 6:00p - 7:30p Yin Yoga 6:30p- 8:00p Ballroom Dance -Rumba	17 8:45a-9:45a Tai Chi 9:00a - 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong	12:15p-1:15p Chair Yoga 3:15p-4:15p—Tap 2 4:30p-5:30p—Tap 1 6:30p - 8:00p-yoga	18 8:30a - 9:30a Strength & Flexibility 8:30a-11:00a Pickleball 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong	12:30p - 3:30p Party Bridge 6:30p-7:30p Youth Taekwondo	19 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening	20 10:30a - 12:00p Yoga 12:00p-3:00p Watercolors Club 55+	
22 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickle ball 3:15p - 4:15p-Tap 2 4:30p-5:30p Tap for Kids	23 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 10:00a-12:00p & 4:30-6:30p Feature Film— <i>Shock and Awe</i>	12:15p-1:15p Senior Strengthening 1:00p-4:30p Pickleball 6:00p - 7:30p Yin Yoga 6:30p - 8:00p Ballroom Dance—Rumba	24 8:45a-9:45a Tai Chi 9:00a - 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong	12:15p-1:15p Chair Yoga 3:15p-4:15p—Tap 2 4:30p-5:30p—Tap 1 6:30p - 8:00p—Yoga	25 8:30a - 9:30a Strength & Flexibility 8:30a-11:00a Pickleball 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong	12:30p - 3:30p Party Bridge 6:30p-7:30p Youth Taekwondo	26 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums 10:00a-11:30a Broward County Property Appraiser	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening	27 10:30a-12:00p Yoga No Watercolor class	
29 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickle ball 3:15p - 4:15p-Tap 2 4:30p-5:30p Tap for Kids	30 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 10:00a-12:00p & 4:30p-6:30p Feature Film— <i>High Anxiety</i>	12:15p-1:15p Senior Strengthening 1:00p-4:30p Pickleball 6:00p - 7:30p Yin Yoga 6:30p - 8:00p Ballroom Dance—Rumba	31 8:45a-9:45a Tai Chi 9:00a - 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong	11:00a-3:00p Parking passes 12:15p-1:15p Chair Yoga 3:15p-4:15p—Tap 2 4:30p-5:30p—Tap 1 6:30p - 8:00p—Yoga	<h1>Beach Community Center</h1> <h2>October 2018</h2>					