



Membership Fee is \$55 for an entire year

Did you know if you become a Club 55+ member you can participate in programs such as **Mahjong, Luncheons, Coffee & Conversation, Watercolors, Party bridge, Ballroom Dance, Trips at the Beach Community Center.** Club 55+ passes can be used at 11 community centers located in the City of Fort Lauderdale, Parks and Recreation Department.

BEACH COMMUNITY CENTER

3351 NE 33rd Ave
Fort Lauderdale, FL 33308

HOURS OF OPERATION

Monday-Friday—8:15am-5:00pm
Saturday—10:00 am—3:00 pm

*The center is only open to program participants after 5:00 p.m.

We accept AMEX, MasterCard & Visa payments only.



Beach Community

Center

3351 N.E. 33rd Avenue
Fort Lauderdale, FL 33308
(954) 828-4610



April 2019

French Lessons

Instructed by Isabelle Chahine
Tuesdays/Thursdays

12:00pm-1:00pm– Beginner
1:00pm-2:00pm– Intermediate

Newcomers will need a skills assessment with instructor.

Ballroom Dance

Foxtrot

Tuesday nights
6:30pm-8:00pm
Instructed by Julia

Free Screening

Broward Health
Balance & Fall Risk Assessment
Wednesday, April 10th
9:00am-11:00am

Line Dancing

Instructed by Mimi Leary
Wednesday evenings
6:00pm-7:00pm– Beginner
7:00pm-8:00pm– Intermediate



If you would like this publication in an alternative format (large print or audio tape), or if you need reasonable accommodation to participate in this program, please contact (954) 828-7275 or parksinfo@fortlauderdale.gov at least seven business days prior to this program.

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1 9:00a - 10:00a Body Sculpting 9:30a-3:30p AARP 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	2 8:30a - 9:30a Strength & Flexibility 9:00a-12:00p Pickleball 10:00 a- 11:30a Pilates 10:00a & 4:30pm Feature Film— <i>Green Book</i>	12:00p-1:00p French Beginner 1:00p-2:00p— French Int. 12:15p-1:15p Senior Strengthening 6:00 - 7:30p Yin Yoga 6:30 - 8:00p Ballroom Dance—Foxtrot	3 8:45a-9:45a Tai Chi 9:00a- 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong	12:15p-1:15p Chair Yoga 1:00p-4:00p Mahjong 2:00p-4:30p Mahjong instruction 3:15-4:15p—Tap 2 4:30-5:30p—Tap 1 6:00p-8:00p-Line Dance 6:30 - 8:00p-Yoga	4 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong 12:00p-1:00p French Beginner	1:00p-2:00p French Intermediate 12:30p - 3:30p Party Bridge	5 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening 1:00p-4:30p Pickleball	6 10:30a-12:00p Yoga 12:00p-3:00p Watercolor Club 55+	
8 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:00a-11:30p Property Appraiser 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	9 8:30a - 9:30a Strength & Flexibility 9:00a-12:00p Pickleball 10:00 a- 11:30a Pilates 10:00a & 4:30pm Feature Film— <i>If Beale Street Could Talk</i>	12:00p-1:00p French Beginner 1:00p-2:00p— French Int. 12:15p-1:15p Senior Strengthening 6:00 - 7:30p Yin Yoga 6:30 - 8:00p Ballroom Dance—Foxtrot	10 8:45a - 9:45a Tai Chi 9:00 - 10:00a Body sculpting 10:30-12:00p Yoga 10:30a-2:30p Ping Pong 12:15-1:15p Chair Yoga	1:00p-4:00p Mahjong 2:00p-4:30p Mahjong instruction 3:15-4:15p—Tap 2 4:30-5:30p—Tap 1 6:00p-8:00p-Line Dance 6:30 - 8:00p-Yoga	11 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong 12:00p-1:00p French Beginner	1:00p-2:00p French Intermediate 12:30p - 3:30p Party Bridge	12 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening 1:00p-4:30p Pickleball	13 10:30a-12:00p Yoga 12:00p-3:00p Watercolors Club 55+	
15 9:00a - 10:00a Body Sculpting 9:00a-12:00p SHINE Program 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	16 8:30a - 9:30a Strength & Flexibility 9:00a-12:00p Pickleball 10:00a - 11:30a Pilates 10:00a & 4:30p Feature Film— <i>Vice</i>	12:00p-1:00p French Beginner 1:00p-2:00p— French Int. 12:15p -1:15p Senior Strengthening 6:00p - 7:30p Yin Yoga 6:30 - 8:00p Ballroom Dance— Foxtrot	17 8:45a - 9:45a Tai Chi 9:00a - 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong	12:15p-1:15p Chair Yoga 1:00p-4:00p Mahjong 2:00p-4:30p Mahjong instruction 3:15p-4:15p -Tap 2 4:30p-5:30p—Tap 1 6:00p-8:00p-Line Dance 6:30p - 8:00p-yoga	18 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong 12:00p-1:00p French Beginner	1:00p-2:00p French Intermediate 12:30p - 3:30p Party Bridge	19 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening 1:00p-4:30p Pickleball	20 10:30a - 12:00p Yoga	
22 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickleball 3:15p - 4:15p-Tap 2	23 8:30a - 9:30a Strength & Flexibility 9:00a-12:00p Pickleball 10:00a - 11:30a Pilates 10:00a & 4:30p Feature Film— <i>March of the Penguins</i>	12:00p-1:00p French Beginner 1:00p-2:00p— French Int. 12:15p -1:15p Senior Strengthening 6:00p- 7:30p Yin Yoga 6:30p - 8:00p Ballroom Dance— Foxtrot	24 8:45a-9:45a Tai Chi 9:00a- 10:00a Body Sculpting 10:30a - 12:00p Yoga 10:30a-2:30p Ping Pong 11:00a-3:00p Parking Passes	12:15p-1:15p Chair Yoga 1:00p-4:00p Mahjong 2:00p-4:30p Mahjong instruction 3:15p-4:15p—Tap 2 4:30p-5:30p—Tap 1 6:30p - 8:00p—Yoga	25 8:30a - 9:30a Strength & Flexibility 10:00a - 11:30a Pilates 12:00p-2:30p Ping Pong 12:00p-1:00p French Beginner	1:00p-2:00p French Intermediate 12:30p - 3:30p Party Bridge	26 8:45a-9:45a Tai Chi 9:00a-10:00a Body Sculpting 9:30a-12:30p Art of all Mediums	10:30a - 12:00p Yoga 12:15p - 1:15p Senior Strengthening 1:00p-4:30p Pickleball	27 10:30a-12:00p Yoga 12:00p-3:00p Watercolor Club 55+	
29 9:00a - 10:00a Body Sculpting 9:30a-12:00p Ping Pong 10:30a - 12:00p Yoga	12:15p - 1:15p Chair Yoga 1:00p-4:30p Pickle ball 3:15p - 4:15p-Tap 2	30 8:30a - 9:30a Strength & Flexibility 9:00a-12:00p Pickleball 10:00a - 11:30a Pilates 10:00a & 4:30p Feature Film— <i>Three Identical Strangers</i>	12:00p-1:00p French Beginner 1:00p-2:00p— French Int. 12:15p -1:15p Senior Strengthening 6:00p- 7:30p Yin Yoga 6:30p - 8:00p Ballroom Dance—Foxtrot			<p>April 2019</p> <p>Beach Community Center</p>					